

# NU Monthly Safety Newsletter

JULY 2022

## Rights of workers

1. The right to know about health and safety matters.
2. The right to participate in decisions that could affect their health and safety.
3. The right to refuse work that could affect their health and safety and that of others.



## Tips about fire safety

**Power Bars:** Avoid plugging a power on to another power bar. Fridge, microwaves and toasters should be plugged directly to the wall unit not the power bar.

**Evacuation plan:** It is important to learn the evacuation plan. Fire drills should be practiced and taken seriously as if the fire were real.

**Smoking:** Smoking should be done at designated areas only.

Check heating appliances before using them in order to prevent sparks or fire from residues.

**Fire doors:** Do not block fire exit doors.

**Coffee maker:** Do not leave the coffee maker on at all times.

## IN CASE OF FIRE:

- Keep calm
- Identify the source of fire
- Eliminate fire sources
- Use the extinguisher
- Activate the alarm
- Help who needs it
- Use the evacuation route. Do not use elevators.
- Cover your nose and mouth with a wet fabric
- Stay low to avoid smoke inhalation
- Obey the instructions of trained personnel
- Go to the meeting points

